



Wednesday 7 March 2018 www.sis.school.nz

KIA ŌRA TALOFA GREETINGS NAMASTE KAMUSTA GUTEN DA BULA KONICHI WA
BORE DA ANYOUNG HASEYO MALO E LELEI SALAAM

Namaste, Buenos Dias, Parents/Caregivers ,

John Parsons - Keeping our Children Safe Online -Last evening we had our long awaited parent seminar with John.Parsons. The parents who came along seemed to get a lot out of it, judging by their feedback. During the morning John spoke to all classes - (right) and he was very good at adjusting his message to their level. His expertise and authority on the internet issues was very clear.

One key point of John's presentation is that appropriate online behaviour is what we should see in face-to-face behaviour. That is, treat yourself and others with respect and dignity. The way we behave creates our identity. Online misbehaviour carries potentially significant negative consequences for our identity - possibly permanently. We have John's book - Keeping our Children Safe Online - on sale at the office for \$45.



Hei kona

Geoff Siave, Principal

**Greetings in Hindi, Spanish,*

	<p>Matai Learning Base</p> <p>Left: Mr Carrick and a group of students are working on a cloze reading activity while the rest of the class work independently.</p> <p>Right: At the same time, Mr Duff and a group of students are working on their reading activity.</p>	
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Totara 2 Assembly

Each of our six classes has a turn at running our fortnightly Friday afternoon assemblies. Recently Totara 2 ran the assembly. This is our bilingual class - Te Tahu Rua Reo. Several children delivered their pepeha (Introduction, including family background and home connections).



Flexibuzz - If you have a smartphone or computer get the flexibuzz app. You will then receive reminders and urgent notices as they occur.

Fitness Club

Every Wednesday from 3-4pm Mr Carrick runs the fitness club. Students enjoy the club so much that there are a number of high school students who return to school on Wednesday as they want to keep participating. Below are a couple of pics of Mr Carrick and students enjoying a game of unihoc. If your child wants to join the fitness club then they can get a permission slip from Mr Carrick.



MUFTI DAY: Our student leaders are organising a mufti day this Friday 9 March. Students are asked to bring a gold coin donation. The money raised will help support people affected by the cyclone which hit the Pacific Islands.

Class Photos: We are having class and individual photos taken on Tuesday 13 March. Children are to wear full uniforms, and bright smiles. If you want a family photo, ring Ann at the office 385 2229

Canteen: The canteen has opened with a wonderful new menu. A big thanks to Whaea Rebecca - our new Foods teacher. Open Tuesday, Wednesday, and Thursday lunchtimes. **Healthy Sandwiches** - can be ordered on Friday mornings at the school Office. They are made by our student leaders and delivered for Friday lunch time. The cost is \$2 which is very reasonable.



Breakfast club is on Tuesday, Wednesday and Thursday in the cooking room from 8.15am. All Welcome!

Community Notices

Year 8 2018 School Based Vaccination Programme - All girls 12 March

We are pleased to inform you the Canterbury DHB will continue to offer a School Based Vaccination Programme to Year 8 boys and girls, who have not completed their eleven year old vaccinations in General Practice.

The School Based Vaccination programme will offer the two dose HPV vaccinations to protect against genital warts, cervical cancer, throat and mouth cancers, and other types of cancers later in life. In 2018 the programme has been extended to include a one dose Boostrix vaccination to provide protection against Tetanus, Diphtheria and Whooping Cough.

To enable students to receive the vaccinations at school, a vaccination pack will be sent home in Term 1. Parent/Caregiver will need to complete and return the consent form to school.



Cricket players who are starting at **Shirley Boys High School in 2019** - on their new site- are invited to an event to cover:

- A brief overview of the new school and the facilities that are being built
- An introduction to the key people that run cricket at SBHS
- What we can offer you at year 9, and outline a cricket pathway for the boys
- Wednesday 14 March Ngataki (in the main quad)

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McDonalds Youth Duathlon:

Sunday 8 April South Hagley Park

7-10 years: Run 1k Cycle 4k Run 500m

11-15 years: Run 2k Cycle 8k Run 1k

Culture Galore - 10 March, 12 noon-4pm, Ray Blank Park, Maidstone Road. FREE entry, FREE activities.

<https://www.facebook.com/events/169979553637349/>

Mairehau Community Day - 17 March, 11am-3pm, Mairehau Primary School, 43 Mahars Road. FREE family fun and activities. Please see Registration of Interest form attached - an invitation for your organisation/local business/group/school to participate in this event with the option to perform on the main stage or provide roaming entertainment/performances, fundraise (for example through the sale of ethnic food or crafts), or to promote your organisation through displays, demonstrations, sports and games - please RSVP by 11 March.

Organics Processing Plant Open Day: Saturday 17 March, 10am-3pm at [40 Metro Place](#), Bromley (next to EcoDrop). Ever wonder what happens to the contents of your green bin? Come along to this Open Day. Plant tour every 30 minutes, prizes and giveaways; informative, educational and fun for the whole family.

STARBUSTERS Canterbury Cheerleaders

When: Sunday's 4-6pm

Location: CSG 18 Watts Road, Sockburn

Wear comfortable sports clothing, socks, and shoes.

First session is FREE

Open to 7 years and over

No experience required

For more information please email us at canterburystarbusters@gmail.com

Ice Hockey

Ages 3 to 15 year old boys and girls

Fridays 5.15pm - 6.15pm

2 Free sessions

Contact our head coach Dean Tonks email: headcoach.ciha@gmail.com mobile 021 0835 0633

TENSION RELEASE COURSE FOR FAMILIES

A 5-week course to:

- Learn an easy self-calming tool.
- Increase your resiliency to life stress.
- Let go of tension habits.
- Adapt for any health issue.

Learn the basics over 4 weeks and on the last session, bring your kids to learn with you too.

1. Bring a blanket for relax time
2. Water to drink
3. Wear loose clothing

Book with Kathy [022 650 7896](tel:0226507896). Koha what you can \$5-10/session is usual. The course begins 8 March, Thursday at 7:30 to 8:30 at Avebury House, [9 Eveleyn Couzins Ave. Richmond. Christchurch.](#)

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