



Wednesday 29 August 2018 www.sis.school.nz

KIA ORA TALOFA GREETINGS NAMASTE KAMUSTA GUTEN DA BULA
KONICHI WA BORE DA ANYOUNG HASEYO MALO E LELEI SALAAM

The End: We have recently been asked about the final term dates; In the Caregiver Information Booklet a tentative date was included to allow for *two* teacher only days. As we have only had *one* teacher only day, the last day of school this year is **Tuesday 18 December**.

Interviews for all: Get an update on your children by booking in an interview at the site shown, or by ringing our school office.
www.schoolinterviews.co.nz code 6h8v9 On Wednesday 26 September school will finish at 2.15pm.
On Thursday 27 September school will finish at 2.45pm as normal.

Financial Literacy - Financial Whizz Kids

Geoff Siave: What was the idea you had early last year ?

Shaqieq and Rahima: We knew that children liked playing with slime, so we made some ourselves and sold it to our friends at school.

GS: What did you do with the profits?

S & R: We bought more ingredients and made more slime

GS: What did you do to increase your sales?

S & R: We advertised online and got customers from all over New Zealand?

GS: Wow! So you had to do mail orders! Did you actually make enough profit to buy anything?

R: I made about \$900 and bought myself an ipad -and other things.

GS: What advice do you have for people selling products?

S: Market yourself professionally; Make sure your advertising looks really good!

R: Be organised - keep track of all orders and money and send product to customers promptly.

GS: Thank you Shaqieq and Rahima. You are brave and clever girls!



Food for Thought: Mikaela, from the Heart Foundation, took two sessions with each class at school to help our students understand the importance of reading the labels on items to find out what is actually in each product. The third session involved visiting the supermarket to find items you can eat/drink everyday (healthy) and those you should eat sometimes (not as healthy). It wasn't only the students who were learning about products- adults commented on how they were surprised by the sugar or fat in certain products. A huge 'thank you' to parents and staff for taking students in private cars. Each class has also been given a \$60 voucher so they can purchase healthy ingredients to enjoy a shared lunch together - each student also receives a free lunchbox and magnet for their fridge. We would like to thank Mikaela for her support.



Jessica (waving), Kayla, Olivia, and Jo (Olivia's mum) busy checking the labels in the breads section.



Mara and Emily having a close look at the labels on the milk products.



Jo and Jared sharing information they have gathered.



Daniel concentrating as he fills in the activity sheet.

Hagley Winter Sports and Athletics

Our winter sports teams have enjoyed being able to play a few games over the last month with the improving weather. A big 'thank you' to Kris (parent help) for supporting our rugby team each Tuesday. It was great to see so many students representing Shirley Intermediate.

Now that Hagley sport is finished we are moving into athletics which will start next Tuesday afternoon at school. Mr Allen has been busy sorting out the rotations. We look forward to sharing some pics of students taking part in the various disciplines in the next couple of newsletters.



Manuel (back to camera) and Hana attempt to get the ball off the Christchurch South player.



Ruby watches the ball intently as our 'Netball A' team plays at the Hagley netball courts.



Both teams working hard to take control of the game.



Belle is in control of the ball and looks to pass to Isaac or Manuel.

Shirley District Music School: Semester 2 Enrolments

SDMS (Shirley District Music School) is opening up enrolments for semester 2 for `Cello, Clarinet, Flute, Recorder, Saxophone, Trombone, Trumpet. Consideration will be given for **Guitar, Keyboard, Percussion, Piano & Violin** if the teacher has any available spaces.

Some lessons can be given in your school, others would be at Shirley Intermediate after school. Tuition fees for Semester 2: \$80.00

SDMS hire most of their instruments from Sedley Wells. Hire fee for the instruments listed below for the remainder of the year are:

`Cello POA, Clarinet \$87.00, Flute \$87.00, Curved headjoint flute POA, Saxophone \$192.00, Trombone \$87.00, Trumpet \$87.00, Violin \$87.00

To enrol for tuition please see the Shirley Intermediate School website and search for SDMS enrolments. For more information please contact **Janet Simon**, SDMS Acting Music Director, Flute & Recorder Teacher, Phone: 323 6502 or 027 312 4562

Email: flutecookjanet.simon@gmail.com

Community Notices

Meet in the Middle, Sunday 7 October

Celebrate the opening of Te Ara Ōtākaro, the Avon Trail, by joining the walk or ride along the river from Avebury House or from Avondale park to meet at Kerrs Reach for a grand family fun day with a regatta, kids activities, food trucks and FREE live entertainment including Tiki Taane. For details www.middle.nz

Neighbourhood Week 2018-19 – Neighbourhood Week is now all summer long! from 27 October 2018 to 31 March 2019. So why not organise a local gathering to get to know your neighbours, community, family group, or sports team! Applications close 7 www.ccc.govt.nz/GetTogether.



Eastside Football Academy quality coaching for local footballers.

For age groups from 5 to 15.

– www.eastsidefootballacademy.com

Mention your school or club name when registering and a donation will be given back to your school or local club.

Contact - Darren Clements on 027 272 3172.

Healthy Nibbles Check out the latest healthy nibbles: <https://www.cph.co.nz/your-health/healthy-nibbles/>

Overcoming Daily Stressors: Emotional Regulation Training to Increase Your Happiness

Attend this workshop to learn skills to minimise your experience of negative emotions, and stress, and enhance your experience of positive emotions to improve your health and happiness.

This research project includes a three-hour workshop about emotional regulation, and completion of three 10-15 minute online questionnaires, over six weeks. If you agree to participate you will be randomly allocated to attend a workshop in August or September. <http://mherc.org.nz/images/PDFs/Overcoming-Daily-Stressors.pdf> or email christina.bond@pg.canterbury.ac.nz

Date and time: Tuesday 25 September 3.00pm - 6.00pm **Location:** MHERC, [116 Marshland Road, Shirley, Christchurch](#) **Cost:** Free

Get Set Go & Spread the Word – Event organising workshops

Learn how to plan, organise, and promote your own community recreation programme or event. These two workshops have been designed to help you get your programme or event off to a great start. Limited to 15 people per session. If your group would like to have a tailored session, please contact Jacqui Miller or Diana Saxton on (03) 941 8999. Click the link for more info.

\$35 per person from voluntary/not for profit organisations \$55 per person for government/private agencies

Tuesday 11 September 9.30am to 2.30pm, Linwood Service Centre Boardroom – [180 Smith Street, Linwood](#)

Easy Choice Family Kai

Love Food Hate Waste have just released their winter meal planner- approximately \$60 a week - healthy (nutritionist-approved) and zero waste. The meal planner and recipe book contain four weekly meal plans, with each week consisting of five dinner meals. Each meal will feed a family of six (two adults and four children under 10) or four adults. Whanau can sign up to receive the meal planners in their inbox here: <https://lovefoodhatewaste.co.nz/>

Dads Group starting on Saturday mornings

The Canterbury Men's Centre (CMC) is proud to announce our new Dads Group - a new partnership between the CMC, Canterbury Plunket Society and Father and Child Trust. This is starting on Saturday 18th August 2018 and will be held every Saturday at 10am.

Contact Karl at the Canterbury Men's Centre to find out more (03 365 9000).

Burwood Park Tennis Community Play

Open Days for kids from 8th September 2018, 55 Cresswell Ave, Burwood

Register early at www.burwoodparktennisclub.kiwi or email burwoodparktennisclub@gmail.com



Car Boot Sale - Sunday 3 Sept 10am - 1pm Avenbury House - Call Rachel Thwaites on 022 0467 224