



Wednesday 15 August 2018 www.sis.school.nz

KIA ORA **TALOFA** **GREETINGS** **NAMASTE** **KAMUSTA** **GUTEN DA BULA**
KONICHI WA **BORE DA** **ANYOUNG HASEYO** **MALO E LELEI** **SALAAM**

Thank you for making alternative arrangements for the supervision of your children yesterday. Our union member teachers joined thousands of other teachers in our strike action yesterday. You will be well aware of the issues behind the strike by now; there is a need to attract more people to teaching, and for more support for our children. A “pay jolt” is seen as crucial in achieving these goals. We all hope there is no further strike action required.

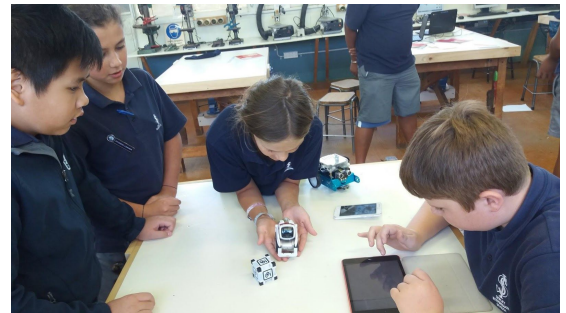
At the end of term two we sent home school reports covering progress and achievement for the first half of the year. Although national standards have gone we remain focused on student achievement, and contributing toward children living full and satisfying lives. **If you would like to contribute to a review of the school report, please look out for the survey which we will be sending out early next week.** We will send it on **flexibuzz** and **via email**. Please let us know if your email address needs updating with us. Paper copies of the survey will be available in the school office.

Regarding student achievement in literacy and numeracy... what do we do with our students' mid-year achievement data?

Your child's teacher is looking at achievement of your child throughout the year, making decisions about which strategies and programmes will be of most benefit. The mid-year assessments are used by management and teachers look at progress of our students as a whole, and also groups (year levels, gender, ethnicity, classrooms) to identify any patterns. We establish whether particular groups of children need more attention. We might decide that extra resources - including teacher or teacher aide time, or learning materials and programmes - are needed.

We keep the board informed of our findings. The board members ask **important questions** such as:

- “**What are the main factors** for the positive shift in results?”
- “**So what's next?** - Can we do **even better?**”
- What do you need from the board to address identified needs and improve progress even more?



With questions like these being asked by the board, and by the teachers, we will continue to be professional, rigorous and proactive in our quest to help every child achieve to their potential.

Open Night

We had our Open Night on Thursday, August 2. We were pleased with the turnout and the positive comments we received from a number of parents. It was a relaxed evening as we looked to change things up a bit. We wanted to showcase our wonderful students. A big thanks to Kapa Haka and Pasifika groups, choir, and the acapella group for their performances on the night. Matua Thomas - we are grateful for all the work you put in to make the performances happen. Also, ‘thank you’ to the students who helped out in classes and were tour guides for our guests.



Ella Bensemen, showing something interesting on the chromebook -
I wonder what it is.



Riley Inglis showing his talents on the Shirley Intermediate radio station.

Ski Trip

On Friday 10 August, at 7am, 30 Shirley Intermediate students and 5 adults (including two teachers) set off for our ski trip to Porters. We had 18 students skiing and 12 snowboarding. Once everyone had got their gear they went off to have their 90 minute lesson. After this lesson it was amazing to see the progress being made by most students. After the lesson, a lot of students went back to the bus to get some food and hydrate and then they quickly hit the slopes again. By the end of the day, the majority of students had made huge progress. Mr Allen kindly donated a pair of goggles which were to be presented to the person who we thought made the most progress. It was a difficult decision, but in the end, it was decided Jordyn Blythe was the recipient of the prize. Well done, Jordyn. A huge thanks to our parent helpers, Pete, Jahnea, and Danielle.



Hearty Estoquia, looking like she has got everything under control. See you at the Olympics!!



Alexia, Bement, Hayley, and Jaydika taking some time out from their lesson to pose for a quick pic. Jahnea is helping Jaydika sort her jacket out - aren't mums wonderful!



If anything was left lying around unattended, the kea were on hand to eat it and/or rip it apart. This included some roof racks. Great pic, Mr Allen - National Geographic might be knocking on your door soon.



Sakeriya, Johnny, Katie, and Bradley, all looking like they are enjoying the day.

Shirley District Music School: Semester 2 Enrolments

SDMS (Shirley District Music School) is opening up enrolments for semester 2 for `Cello, Clarinet, Flute, Recorder, Saxophone, Trombone, Trumpet. Consideration will be given for **Guitar, Keyboard, Percussion, Piano & Violin** if the teacher has any available spaces.

Some lessons can be given in your school, others would be at Shirley Intermediate after school. Tuition fees for Semester 2: \$80.00

SDMS hire most of their instruments from Sedley Wells. Hire fee for the instruments listed below for the remainder of the year are:

`Cello POA, Clarinet \$87.00, Flute \$87.00, Curved headjoint flute POA, Saxophone \$192.00, Trombone \$87.00, Trumpet \$87.00, Violin \$87.00

To enrol for tuition please see the Shirley Intermediate School website and search for SDMS enrolments. For more information please contact **Janet Simon**, SDMS Acting Music Director, Flute & Recorder Teacher, Phone: 323 6502 or 027 312 4562 **Email:** flutecookjanet.simon@gmail.com

Community Notices

Neighbourhood Week 2018-19 – Let's Get Together This Summer Neighbourhood Week is now all summer long! from 27 October 2018 to 31 March 2019. Are you wanting to organise a Neighbourhood gathering this summer? Neighbourhood week is about bringing people closer together, getting to know the people who live close to you and celebrating the unique and diverse mix of each neighbourhood. So why not organise a local gathering to get to know your neighbours, community, family group, or sports team!

Applications are open until 7 September at 5pm. Find out more by heading to www.ccc.govt.nz/GetTogether.



Eastside Football Academy has been formed by local NZF Qualified coach Darren Clements to give access to quality coaching for local football player.

The first programme kicks off on in September for age groups From 5 to 15.

For refer to website – www.eastsidefootballacademy.com

Mention your school or club name when registering and a donation will be given back to your school or local club.

Contact - Darren Clements on 027 272 3172.

Spaces are limited so reserve a space NOW!

Healthy Nibbles

Check out the latest healthy nibbles: <https://www.cph.co.nz/your-health/healthy-nibbles/>

These are great to put into your school newsletter or display in the office. They help families to eat better by making the healthy choice the easy choice!

MindWise Mindful Eating

Over the course of four free one-hour workshops we will learn how to use the skills of mindfulness and mindful eating to build a new and flexible relationship to food that supports our wellbeing. We will learn how to grow our capacity to reconnect with our own in-built systems for hunger and fullness as we learn to listen to the messages of our body. Participants will receive a 50 page workbook take-away tool. <https://mherc.arlo.co/courses/333-mindwise-mindful-eating>

Date and time: 6:30 PM – 7:30 PM Thursday 16 August and Thursday 23 August.

Location: MHERC, [116 Marshland Road, Shirley, Christchurch](#)

Cost: Free

Overcoming Daily Stressors: Emotional Regulation Training to Increase Your Happiness

Daily hassles causing stress may seem trivial, yet when accumulated they can have detrimental effects on health, sleep and relationships. Emotions can seem uncontrollable at times, but it is possible to regulate them and change our emotional responses. Attend this workshop to learn skills to minimise your experience of negative emotions, and stress, and enhance your experience of positive emotions to improve your health and happiness.

This workshop is offered as part of a Master of Science thesis research project, coordinated by Christina Bond, postgraduate student at the University of Canterbury. Research requirements include voluntary participation in this three-hour workshop about emotional regulation and completion of three 10-15 minute online questionnaires, over six weeks. If you agree to participate you will be randomly allocated to attend a workshop in August or September.

Free. Refreshments provided. For more info visit <http://mherc.org.nz/images/PDFs/Overcoming-Daily-Stressors.pdf> or email christina.bond@pg.canterbury.ac.nz

Date and time: Tuesday 25 September 3.00pm - 6.00pm

Location: MHERC, [116 Marshland Road, Shirley, Christchurch](#) **Cost:** Free

Get Set Go & Spread the Word – Event organising workshops

Get Set Go is an event workshop where you can learn how to plan, organise, and promote your own community recreation programme or event by attending Get Set Go and Spread the Word. These two workshops and guides have been designed to help you get your programme or event off to a great start. Spread the Word is the follow-on workshop to Get Set Go. Space is limited to 15 people per session, so get in quickly. If your group would like to have a tailored session, please contact us. Group discounts may apply - for any queries or if you would like a workshop to be run with your team, please contact Jacqui Miller or Diana Saxton on (03) 941 8999. Click the link for more info.

Cost: \$35 per person from voluntary/not for profit organisations

\$55 per person for government/private agencies

Get Set Go:

Tuesday 11 September 9.30am to 2.30pm, Linwood Service Centre Boardroom – [180 Smith Street, Linwood](#)

Easy Choice Family Kai

Love Food Hate Waste have just released their winter meal planner. It is the Easy Choice for feeding families because it is cheap (approximately \$60 a week), healthy (nutritionist-approved) and zero waste. The meal planner and recipe book contain four weekly meal plans, with each week consisting of five dinner meals. Each meal will feed a family of six (two adults and four children under 10) or four adults. Whanau can sign up to receive the meal planners in their inbox here: <https://lovefoodhatewaste.co.nz/>

Dads Group starting on Saturday mornings

The Canterbury Men's Centre (CMC) is proud to announce our new Dads Group - a new partnership between the CMC, Canterbury Plunket Society and Father and Child Trust. This is starting on Saturday 18th August 2018 and will be held weekly every Saturday at 10am. Contact Karl at the Canterbury Men's Centre to find out more (03 365 9000).

Salvation Army Term 3 Courses open for registration

Term Salvation Army courses for term 3 are now open for registration. Courses available are:

Life Skills for Women which covers topics such as self-awareness, healthy living, dealing with stress, relationship skills, saving money, and achieving your dreams.

Men's Group: seven weekly two-hour sessions covering topics such as stress, grief and loss, problem solving and conflict resolution, assertiveness, self-esteem, and goal setting.

Parent Discussion Group - for parents of 2-12 year olds: This course is a series of discussion groups helping attendees to set routines, manage behaviour, raise happy and confident children, and taking care of yourself as a parent. For more information and to register, phone Jillian on (03) 366-8128 or 021 728 375

Parent Discussion Group: Thursday mornings 9:30am -11:45am (Begins Thursday 23rd August)

Where: The Salvation Army, [854 Colombo Street](#)



Burwood Park Tennis Community Play

Open Days for kids from 8th September 2018,

55 Cresswell Ave, Burwood

Register early at www.burwoodparktennisclub.kiwi or email burwoodparktennisclub@gmail.com